



# GMC Global Eye



Official Newsletter of  
Gandhi Medical College  
Global Alliance

May - July 2018

## Editorial

*Pradeep Deshpande, Former Principal Gandhi Medical College  
Additional Director Medical Education*

I have worked at Gandhi Medical college/ Hospital in various capacities over a period of twenty years - as Vice-Principal, Principal and Head of the Department of Nephrology. I was involved in obtaining permission from the state government to move to the current premises in 2004. Originally only 17 acres were allotted but due to persistent efforts of the students, faculty and alumni we succeeded in obtaining around 31 acres, in the heart of the city. Thus, we have been able to cater to patients in Hyderabad, Secunderabad and the districts. In November 2009 under the auspices of Arogyasree, a free Dialysis program was started to help the poor patients across the state. The Kidney transplant program which was started in 1999 is active. Subsequently cadaver transplant program was initiated.

My association with various office bearers of Gandhi Medical College Alumni association has been very rewarding. I along with my colleagues were actively involved in the Golden Jubilee celebration of GMC. During my tenure Medical Exhibition that was conducted was attended by more than two lakh persons from the twin cities.

I have seen a trend among students and post graduates opting for Gandhi Medical College over other Government Medical Colleges in the state of Telangana. That is indeed gratifying. Alumni are also conducting various workshops and engaging in philanthropic activities to help the medical students and patients. My friends Dr. Alok Agrawal and Dr. Prabhakar Sharma have contributed a lot to the alma mater. I wish and hope that all students and alumni continue to work together and bring glory to this prestigious institution.

Let the vision envisaged by the founding fathers guide us to make Gandhi Medical College a sought after destination. "Tamaso Ma Jyotirgamaya" - take me from darkness towards the light.

# President's Message

Alok Agrawal (GMC'81)

Dear Friends,

We continue to strengthen GMCGA, while maintaining old initiatives and planning new projects at our alma mater. We are preparing for our annual meeting in San Francisco, California on September 14 and 15, 2018 and hope to see you all there. We bring you the latest news on our projects in this triennial newsletter. Kindly check the website <http://www.gandhimedicalglobalalumni.org/> and our Facebook page periodically for more updates.

I hope you can participate in the growth of the organization by reaching out to your friends and getting them involved in its activities. Last but not the least, please get in touch with me if you have any suggestions or advice on how we can improve the functioning and activities of GMCGA going forward.

Wishing you all the very best  
Regards



My vision of involvement in GMCGA at different levels



## SEPTEMBER 14<sup>TH</sup> & 15<sup>TH</sup> OGKMA & GMCGA

33<sup>RD</sup> Annual Convention, Hilton San Francisco Bayfront, CA

Please start planning for this whole some family event with 2 hours of CME, Evening Gala and Musical Night by famous entertainers



Website is open for registrations now  
Please hurry up and register for the event

We have negotiated a very low rate of \$129/night for hotel rooms

These hotel rates could cost you as high as \$400 as it gets close to the event

Hotel is few minutes away from SFO airport with free shuttle

You can book hotel rooms also from our website link itself

OSMANIA GANDHI  
KAKATIYA AND  
TELANGANA MEDICAL  
ALUMNI  
[www.ogkma.com](http://www.ogkma.com)  
Sep 14<sup>th</sup> & 15<sup>th</sup>, 2018

### Invitation for GMCGA Annual Meeting

GMCGA is pleased to announce the dates for our annual meeting in conjunction with OGKMA. We had great time last year in Dallas. Let's have more fun this year in warm & sunny CA. Please save the date, mark the calendar and & spread the word to all our alumni.

**September 14-15, 2018**

Hilton San Francisco Hotel  
Bayfront, CA

More details will be posted on our website

<http://www.gandhimedicalglobalalumni.org/>

We look forward to seeing you and your classmates with families in Dallas

# Projects

*Srini Vasam Sundarum (GMC'81)*

## GMCGA's Outreach program

In year 2018 from January till March, on behalf of GMCGA and GMCAA, we did Community CPR programs at different locations including at our GMC Alumni center on Jan 9th and 10th which was a huge success. We also conducted these programs in:

ZP high school Burgula village  
Government school in Proddutur village  
Agha Khan charitable society  
Yashoda and Eswaribai nursing colleges  
Sathyasai Orphanage school  
Oliva dermatology center  
Sathyasai Sanjeevini hospital, Chattisgad  
Pharmacy college near Warangal

Response from all these institutions was very good. We will go on with these kind of programs in future as part of our Alumni activities. I also encourage all our alumni to join in these activities depending on their convenience.

- *Dr Rashekhar K (GMC'65)*



## AED Program

In Telangana, the ambulance system (108 services) is operated by Emergency Medical Research Institute but is funded by the state government. It is available throughout the state but they are only BLS equipped now. Recent studies in US and Europe evaluating the use of AEDs have demonstrated nearly a doubling of survival after out-of-hospital cardiac arrest when used in the general communities. In light of these facts, Osmania Gandhi, Kakatiya and Telangana Medical Alumni Association (OGKTMA) is working on an ambitious project of equipping ambulances with AEDs in Telangana state in tandem with the State Ministry of Health. Each device costs about \$2000.

During our annual GMCGA meeting in conjunction with OGKTMA held at Dallas, Texas in 2017, there were more than 10 donors from the GMCGA who contributed to the AED program.

In its mission to drive health and well-being in the state, the Govt of Telangana has actively supported this program and planning to host a public event in Hyderabad this summer where the AEDs will be distributed to various ambulances.

- *Dr Nandu Gourineni (GMC'97)*



Ten defibrillators installed in Gandhi Hospital in 2018

# Activities

Aruna Vallabhaneni (GMC'81)

## Interventional Pain Management Course

Ram Pasupuleti in collaboration with GMCGA, the Department of Anaesthesiology, Gandhi Hospital/GMC conducted an Interventional Pain Management Course with Hands-on Cadaver and Live Ultrasound workshop at Gandhi Hospital/GMC on Feb-7-8, 2018. This Course/Workshop was the first of its kind aimed at training the Graduate, Post Graduate students and Teaching staff at Gandhi. It was a very well attended and successful event with the DME, Principal of GMC and Superintendent of Gandhi Hospital being a part of the Inauguration Ceremony. This course was planned as an initial part of a full-time academic teaching program in pain management in addition to establishing and running a pain clinic at Gandhi.

- Ram Pasupuleti (GMC'86)



### DIDACTICS

Wednesday, February 7 • 8am-6pm  
Forensic Lecture Hall • 2nd Floor  
GANDHI MEDICAL COLLEGE

8:00-9:00 am	Registration & Breakfast
9:00-9:15 am	Inauguration - Dr. G. Venkateswarulu, Organizing Chairman & Dr. Sreedevi Porika, Course Director
9:15-9:30 am	Introduction to the Course by Dr. Ram Pasupuleti
9:30-10:15 am	Pain Management - Past, Present & Future- Dr. Ram Pasupuleti
10:15-11:00 am	Neck Pain - Pathophysiology, Diagnosis & Management - Dr. Muralidhar Joshi
11:00-11:15 am	Break
11:15-12 noon	Low Back Pain - Pathophysiology, Diagnosis & Management - Dr. Anand Murugesan
12:00-12:45 pm	History & Physical Examination of the Pain Patient - Dr. Ram Pasupuleti
12:45-1:15 pm	Role of Imaging in Chronic Back Pain - Dr. C. Uma Sreedevi
1:15-2:00 pm	Lunch
2:00-2:45 pm	Basic Principles & Practice of Ultrasound in Pain Management - Dr. Sachin Joshi
2:45-3:30 pm	Fluoroscopy & Needle Manipulation in Pain Management - Dr. Ram Pasupuleti
3:30-4:15 pm	Complex Regional Pain Syndrome Pathophysiology, Diagnosis & Management - Dr. Sreedevi Porika
4:15-4:30 pm	Break
4:30- 5:15 pm	Cancer Pain - Dr. Muralidhar Joshi
5:15- 6:00 pm	Basic Interventions in Low Back Pain, Epidural Steroid Injections & Medial Branch Blocks Dr. Ram Pasupuleti
7:00 pm	Faculty Dinner

### CADAVER / LIVE WORKSHOP

Thursday, February 8 • 8am-6pm  
Department of Forensic Medicine, Toxicology, Autopsy Complex  
GANDHI MEDICAL COLLEGE

8:00-8:30 am	Registration & Breakfast
8:30-9:00 am	Introduction & Orientation to the Workshop - Dr. Ram Pasupuleti
9:00-1:00 pm	Hands-on Fluoroscopic Guided Cadaver Live Ultra Sound Demonstration & Video Demonstration Workshop
1:00-2:00 pm	Lunch
2:00-6:00 pm	Hands-on Fluoroscopic Guided Cadaver Live Ultra Sound Demonstration & Video Demonstration Workshop
7:00 pm	Faculty Dinner

### Calendar of Events

#### Save the date:

GMC Foundation Day  
Sept 14, 2018

GMCGA Annual Meeting  
Sept 14-15, 2018,  
San Francisco